

# BLOOD BORNE PATHOGEN EXPOSURE CONTROL PLAN

OSHA, the Occupational Safety and Health Administration, requires that you to use Universal Precautions when you come into contact with any type of bodily fluids. Universal Precautions is defined as using a barrier between yourself and any type of bodily fluid. That means using gloves when changing dirty diapers or cleaning up any type of vomit.

## **EXPOSURE DETERMINATION:**

Job titles likely to be exposed to blood borne pathogens:

1. Director
2. Teachers
3. Student Staff

## **COMPLIANCE METHODS:**

All employees who work at Hand in Hand Child Care are expected to:

1. Wear gloves when:
  - a. You come into contact with open cuts, nicks, and skin abrasions, including dermatitis (inflammation of the skin) and acne (inflammations of the oil glands of skin, producing pimples).
  - b. Any contact with the mucous membranes of the mouth, eyes, or nose that visibly show blood.
  - c. Changing a dirty diaper or training pants. Evaluate the diaper's condition before placing the child on the changing table or removing soiled training pants. This will help reduce the risk of contamination to hands before putting gloves on.
  - d. Cleaning up diarrhea or vomit.
2. Remove gloves in a way that decreases contamination:
  - a. With both hands gloved, peel one glove off from top to bottom and hold it in the gloved hand.
  - b. With the exposed hand, peel the second glove from the inside, tucking first glove inside the second.
  - c. Dispose of the entire bundle promptly.
3. Dispose of gloves in a covered plastic-lined waste container.
4. Thoroughly WASH HANDS each time gloves are removed.
5. Clean spills (identified in #1) by wearing gloves and using a soap and water solution to clean area and then a bleach and water solution to disinfect.
6. Follow Universal Precautions. Treat every incident as if the person is infected with the infectious blood diseases.
7. Blood stained or vomited on children's clothing must be placed in a plastic bag and sent home with the parents. Massive amounts of clothing or articles used to clean up a spill should be sent with paramedics, if they are needed. Any staff that has blood on their clothing will be allowed to go home and change clothes. Blood stains on children's clothing are never rinsed at the center.
8. Report all blood exposures to the Teacher you are working with. They will then fill out an Accident report and log the exposure in the 'Blood Borne Pathogen section of their accident log book.

9. Wash hands before eating, after using the toilet, after changing a diaper, and whenever soiled. Use gloves when handling food.

**The Director will:**

1. Provide gloves in accessible areas and resuscitation barrier and equipment for CPR in the first aid kits and also in each classroom and on the playground.
2. Review exposures in a log located in each classroom's accident log book.
3. Discuss all exposures with an Epidemiologist to determine need for follow-up testing.
4. Provide training for the staff or see to it that they all obtain training. Keep records of training for three years.
5. See to all medial care when necessary after an exposure.
6. Assure clean-up of spills and accessibility of equipment to clean up the spill.
7. Make a copy of the plan and OSHA law available to staff at all times. Copies of this can be found in Human Resources office.
8. If syringes are used at the center, they will be taken home by the parents to be disposed of as domestic use.
9. Require all full-time staff members to wear a fanny pack first-aid kit at all times when outside of the center grounds. The kit will contain:
  - a. Rubber gloves
  - b. CPR barrier
  - c. Topper sponges
  - d. Band-aids
  - e. Kleenex
  - f. Plastic bags for contaminated material.

**Hepatitis B Vaccine**

Only full-time staff is required to administer first aid; therefore, all full-time staff is required to receive the Hepatitis B vaccine. In the event that student staff has a blood exposure while on the job, they should immediately contact the University Health Center.

If the Saint Paul Public Health or Minnesota Health Department Epidemiologists determine that an exposure has occurred, the center will follow the directions given by these professionals for further testing of the staff and child involved. The center will pay any costs incurred by staff responsible for administering first aid.

I verify that I received, read, and agree to abide by the Blood Borne Pathogen Exposure Control Plan of Hand in Hand Child Care Center.

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Employee

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Date