

**University Outcome: Physical**  
*Student Learning Outcomes and Assessment Rubric*

Students demonstrate the Physical Outcome when they:

<b>SLO</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>	<b>0</b>
Students demonstrate an understanding of and consistently implement health-conscious behaviors.	Students demonstrate an understanding of and consistently implement health conscious behaviors.	Students demonstrate an understanding of health conscious behaviors but inconsistently implement those behaviors.	Students demonstrate an understanding of health conscious behaviors but do not put them into practice into their daily lives.	Students show an inadequate understanding of health behaviors and their impact on life-long health.	No demonstrated achievement